

## COCAINE ANONYMOUS LONG ISLAND MEETING LIST - SUMMER 2017

LONG ISLAND	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>NEW LIFE AT THE OAKS</b> SOUTH OAKS HOSPITAL 400 SUNRISE HWY AMITYVILLE TRAVEL INFO: 631-264-4000			B 8:00-9:00 Carone Hall Basement				
<b>SOBER TOAST</b> OUR LADY OF LOURDES 855 CARMANS ROAD MASSAPEQUA, NY 11758		BB 7:30-8:30					
<b>Design For Living Group</b> Grace Methodist Church South Franklin Ave East Lincoln Ave Valley Stream, NY 11580	B 7:00-8:00 <i>1<sup>st</sup> Sunday is a                      Topic Meeting</i>						
<b>Circle Of Life Group</b> Parkway Community Church 95 Stewart Ave. Hicksville, NY 11801						BB/OD 7:30-9:00	
<b>A CA Group</b> 300 Motor PKWY Suite 110 Hauppauge, NY 11788					B 7:30-8:30		
<b>Bridge To Recovery</b> 5 Pflug Pl Valley Stream, NY 11580		BB 7:30-8:30					
<b>Unlovely Creatures</b> Ethical Humanist Society of LI 38 Old Country Road Garden City, NY 11530				S 7:45-9:00 (Beginning July 5 <sup>TH</sup> )			

B-Beginners, BB-Big Book, CD-Closed Discussion, M-Men Only, OD-Open Discussion [public invited], S-Step Meeting, T-Topic, W-Women Only, CP-Candlelight Promises, G&L-Gay and Lesbian, Anniversary Meetings celebrate milestones of members (all are welcome)

### Twelve Steps of Cocaine Anonymous

1. We admitted we were powerless over cocaine and all other mind-altering substances — that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God, as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

### Twelve Traditions of Cocaine Anonymous

1. Our common welfare should come first; personal recovery depends upon C.A. unity.
2. For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for C.A. membership is a desire to stop using cocaine and all other mind-altering substances.
4. Each group should be autonomous except in matters affecting other groups or C.A. as a whole.
5. Each group has but one primary purpose — to carry its message to the addict who still suffers.
6. A C.A. group ought never endorse, finance, or lend the C.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every C.A. group ought to be fully self-supporting, declining outside contributions.
8. Cocaine Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. C.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Cocaine Anonymous has no opinion on outside issues; hence the C.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, television and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.



*We're Here and We're Free*

## COCAINE ANONYMOUS LONG ISLAND MEETING LIST - FALL 2016

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are fully self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organization or institution. We do not wish to engage in any controversy, and we neither endorse nor oppose any causes. Our primary purpose is to stay free from cocaine and all other mind-altering substances and to help others achieve the same freedom. We use the Twelve-Step recovery Program because it has already been proven that the Twelve-Step Recovery Program works.

Adapted with permission from A.A. Grapevine Inc.

Cocaine Anonymous—Long Island The CA Long Island District is a service organization of the individual, autonomous CA groups in Nassau and Suffolk County NY. We maintain a hotline and website, compile and produce this meeting list, have a public relations committee, and support the member groups as needed. All groups in Nassau and Suffolk Counties are encouraged to join the CALI District. It is our only method of communication. Each group should choose two service representatives for a long a term as the group decides. Any CA group member is welcome to attend as a non-voting participant. Meetings are held during the third week of a month at Member Groups on a rotating basis as a method of encouraging Unity. This list is only as complete as the information we receive.

Please send additions and corrections to: [webmaster@calongisland.org](mailto:webmaster@calongisland.org)

Cocaine Anonymous Long Island District (CALI)

[www.calongisland.org](http://www.calongisland.org)

**Help Line: (347) 29-CRACK**